





Thank you for choosing Osstem Implant.

To prolong the life of your dental implants, maintaining good oral hygiene is of utmost importance. Don't forget to keep up with your regular check-ups.



Smiles that Last a Lifetime



OSSTEM IMPLANT CERTIFICATE CARD

Please check the Osstem Implant's Certificate of Authenticity.

We provide this certificate card to accredited Osstem Implant Dental Clinics. The certificate card contains important information about the treatment you have received. Please keep this card in a safe place for your oral health records. This certificate confirms that you have genuine Osstem Implant.

After Implant Surgery Home Care



Keep the gauze in the mouth for at least 2 hours after surgery. Refrain from excessive spitting of saliva. Prepare a glass of water with 1 tablespoon of salt and rinse mouth with the salty water.



Apply an ice pack at 5 minute intervals on the spot of surgery.



Do not create unnecessary pressure in the area of surgery. Ex. Drinking from a straw.



Take the medications as prescribed by your doctor and attend regular check-ups.



Avoid the surgery area when brushing your teeth. Rinse your mouth with the salty water twice a day.



Avoid any intense exercise. Do not take hot baths and refrain from using the sauna.



After the sinus lift surgery, nosebleeds are common. Please refrain from blowing your nose. If you need to sneeze or cough, make sure you keep your mouth wide open to let out that sneeze or cough. This way, it prevents unnecessary pressure in your sinus.



Do not have any alcohol and or cigarettes for at least 1 month after the surgery.